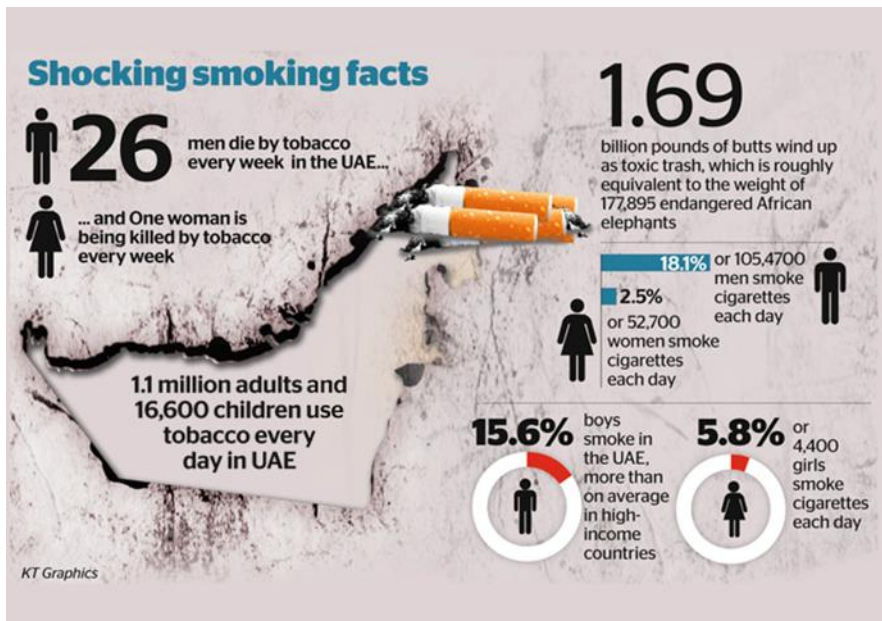


## Tobacco threatens us all!!

Did you know that about 6 million people die from tobacco use every year? It brings suffering, disease, and death, impoverishing families and national economies. Second-hand smoke is also dangerous and contains more than 4,000 chemicals, 69 of which are known to cause cancer and other serious health risks such as heart disease , chronic respiratory problems etc.

Tobacco growing also requires large amounts of pesticides and fertilizers, which can be toxic and pollute water supplies thus harming the environment.

Take a look at UAE statistics:



A study by WHO revealed 20 per cent of the UAE's total male population are smokers. A report in Khaleej times says that it has been proven that a shisha session is the equivalent of smoking 20 to 30 cigarettes.

People can commit to never take up tobacco products. Those who do, can quit the habit which will protect their health as well as people exposed to second-hand smoke, including children, other family members and friends.

**Be Safe and Keep Others Safe**